

# Retreat for **YOUTH**

Navigate *Life* with *Confidence*

Jun 27 — 29, 2025







Satori *Mulshi*



This experience is designed for young adults living in today's complex world. Rooted in AUM's philosophy of blending timeless practices with contemporary life, it will leave you with lasting tools to counter real-world challenges in your professional and personal areas.

Expect wisdom talks on clarity and mastering the mind, an open Q&A with a senior corporate leader and business coach, *Om Dhumatkar*, and immersive sessions led by *AUM Life*.

You will leave with *clarity* on how to:

-  Approach decision-making
-  Maintain emotional balance during transitions
-  Tackle essential life choices
-  Strengthen your inner compass and build resilience
-  Sharpen your focus and attention
-  Build meaningful connections with like-minded peers



## Your Journey *Includes*

- Personalised guidance for your life as it currently stands by Om Dhumatkar
- Individual sessions to facilitate rapid healing from the inside
- Community-building experiences
- Group sessions such as yoga, meditation and talks
- Nourishing, wholesome meals
- Nadi Pariksha (Ayurvedic pulse diagnosis)
- Mountain Trek

Surrounded by the serene Sahyadri mountains, Mulshi lake, and forest at stunning Satori Mulshi, you'll learn how timeless wisdom can solve your modern day challenges.

This retreat, designed for 30 individuals, offers the personalised attention needed to address questions about your life, purpose and direction.



## Your *Investment*

**INR 85,000 per person + 18% GST**

This investment provides clarity and direction that will support you for years.

[Secure Your Spot Here For Clarity & Direction](#)

\*This link includes bank account details

## *Registration*

Full payment secures your place. The registration rate is available until May 25<sup>th</sup>, after which prices increase by 10%.

## *Age Requirement*

This retreat is designed for participants aged 19-27.

## *Inclusions*

- All group sessions and personal therapies
- Twin-sharing accommodation for 2 nights
- All meals and retreat kit
- Access to swimming pool, pickleball and tennis courts, and lush grounds

## *Not Included*

- Transportation:** Travel to and from Satori Mulshi is self-arranged. Please arrive by 11:00 am on June 27<sup>th</sup> and depart by 12:00 pm on June 29<sup>th</sup>. (Drive from Mumbai: ~3 hrs 20 mins)
- Chauffeur:** Stay is not included.
- Extra Therapies:** Any healing sessions beyond those included in the program will be charged separately.

Connect With Us

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